## THE COLONY ROADRUNNERS CLUB 2019 5K CHALLENGE

**Annual TCRC 5K Challenge:** Participants must run at least 3 races in order to qualify for prizes. Your best 3 finishes will be used for grade score calculations. Tie breaker would be decided by next best grade score of 4th race, potentially 5th race, and so on until a winner has been determined.

**Scoring:** Normalized performance scoring will be used to measure differences in age and sex based off the Plano Pacers Running Score Calculator <http://www.planopacers.org/score_calculator/> . Top 3 scores for each individual are added together and divided by 3 for your final grade score.

**Rules:** Run minimum 3 of the 11 qualified races listed below and ability to show proof of running the race (if needed).

**Prizes:** Engraved Plaque to top 3 male, top 3 female

**Races:**

1. **03/02/2019 -** *Two Choices***:**
   1. **Allen Eagle Run: $30** [**https://secure.getmeregistered.com/get\_information.php?event\_id=MTUzNjU5NTAyOTgwNjksHnzFcv4Yr5Lj**](https://secure.getmeregistered.com/get_information.php?event_id=MTUzNjU5NTAyOTgwNjksHnzFcv4Yr5Lj)
   2. **Trinity River Levee Run: $40** <https://raceroster.com/events/2019/20582/trinity-river-levee-run>
2. **03/16/2019 -** *Two Choices***:**
   1. **Dash Down Greenville: $45** [**https://secure.getmeregistered.com/get\_information.php?event\_id=130505**](https://secure.getmeregistered.com/get_information.php?event_id=130505)
   2. **Old Town Brew House St. Pat’s 5k: $32** [**https://runsignup.com/Race/TX/Lewisville/OldTownBrewHouseStPats5k?aflt\_token=zrUBKwcX17AAFRLTU1eecPHMZPl10IVp**](https://runsignup.com/Race/TX/Lewisville/OldTownBrewHouseStPats5k?aflt_token=zrUBKwcX17AAFRLTU1eecPHMZPl10IVp)
3. **04/06/19 – Dallas Running Club Tal Morrison Classic 5K: $15 or** free for DRC member <https://thedriven.net/dallasrunningclub.race_reg/eid/35026245689>?
4. **04/28/2019 – Germanfest 5K: $22** (*Club’s road trip SUPERBOWL event*) <https://secure.getmeregistered.com/get_information.php?event_id=MTU0MDgxNjUwNzI2NzPlSCfLlWAulUyu>
5. **05/04/2019 – Run Texas Jogging for Frogmen 5K: $25** [**https://register.hakuapp.com/?event=7562b69f392f8d581fc6**](https://register.hakuapp.com/?event=7562b69f392f8d581fc6)
6. **05/18/2019 – Love Run 5K: $25** [**https://lakeway5k.webs.com/registration.htm**](https://lakeway5k.webs.com/registration.htm)
7. **05/25/2019 –** **Plano Pacers Remembrance Run: $10 or** free for PP member <http://www.planopacers.org/membership/guest.php>
8. **07/04/2019 – Liberty 5K By The Lake: $30** (*Club’s home SUPERBOWL event*) [**https://secure.getmeregistered.com/get\_information.php?event\_id=131437**](https://secure.getmeregistered.com/get_information.php?event_id=131437)
9. **08/10/2019 – Old Town Brew House 5K: $27** [**https://runsignup.com/Race/TX/Lewisville/OldTownBrewHouse5k?aflt\_token=zrUBKwcX17AAFRLTU1eecPHMZPl10IVp**](https://runsignup.com/Race/TX/Lewisville/OldTownBrewHouse5k?aflt_token=zrUBKwcX17AAFRLTU1eecPHMZPl10IVp)